

## **OBJECTIVES -**

At the end of six months of Internship programme, the candidate shall be able to-

- 1) Detect & evaluate Anatomical, Patho-physiological, & Psycho-somatic impairments resulting in Dysfunction of MOVEMENT of all the ages, & occupations; as well as epidemiological sectors in the population; & arrive at the appropriate Physical & Functional diagnosis.
- 2) Understand the rationale & basic investigative approach to the Medical system & Surgical intervention regimens & accordingly, Plan & implement specific Physiotherapeutic measures effectively Or make a timely decision for referral to appropriate speciality.
- 3) Select strategies for cure & care; adopt preventive, restorative & Rehabilitative measures for maximum possible independence of a client/ patient, at home, workplace & in the community.
- 4) Help in all types of emergencies medical, surgical, neonatal, & paediatric by appropriate therapeutic procedures & shall be able to implement, as a first level care, the. Cardio Pulmonary resuscitation, providing support to the injured area, splinting etc, in the situation when medical aid is not available
- 5) Demonstrate skill to promote Health in general as well as competitive level, such as sports, work productivity, Geriatric &, Womens health etc, keeping in mind National Health policies;
- 6) Develop skill to function as an essential member in co-partnership of the health team organized to deliver the health & family welfare services in existing socio-economic, political & cultural environment
- 7) Develop communication skill for purpose of transfer of suitable techniques to be used creatively at various stages of treatment, compatible with the psychological status of the beneficiary & skill to motivate the client & his family to religiously carry out prescribed home exercise programme & compliance to

follow ergonomic advice given as a preventive / adoptive measure.

- 8) Demonstrate skill of managing patients attending Physiotherapy services, by developing skills to use appropriate manipulative mobilization methods, Neuro-physiological maneuvers, techniques of Bronchial hygiene, Breathing retraining; application of Electro- therapeutic modalities & Therapeutic exercise; for the purpose of, evaluation, assessment, diagnostic procedures; & for the purpose of treatment as well, bearing in mind their indications & contraindications.
- 9) Develop ability to prescribe, assess [fitting] & use of appropriate orthotic & prosthetic devices; in addition to an ability to fabricate simple splints for extremities, for the purpose of prevention, support & training for ambulation & activities of daily living.
- 10) Develop ability to do Functional Disability evaluation of Movement; & recommend for rest or alternative work substitution during the period of recovery or in case of permanent disability.
- 11) Practice professional autonomy & ethical principle with referral as well as first contact client in conformity with ethical code for Physiotherapists.