

CMF's COLLEGE OF PHYSIOTHERAPY

PROJECT REPORT

- 1 Poonam Mahajan Efficacy of Hot Pack vs Cold Pack for Acute Neck Pain in Adults
- 2 Vedant Ballal Prevalence of Playing related Musculoskeletal Injuries in Musicians- A Cross-sectional Study
- 3 Divyani Gawande To Study the Effect of 3 Weeks of Self Neck Isometric Exercises on Neck Pain and Disability in Mobile Gamers
- 4 Minal Dharmapurikar Survey on Awareness of Physiotherapy in Home Quarantine Recovered Covid-19 patients.
- 5 Aditi Huddar Prevalence and severity of post-menopausal symptoms among healthy females of 45-60 years in PCMC area.
- 6 Neha Dhanokar Prevalence of musculoskeletal pain and fatigue levels post Covid-19.
- 7 Tushar Kohane Comparison of prevalence of musculoskeletal injuries in recreational football players playing on natural grass field and on artificial turf field
- 8 Mrunmayi Mahajan Immediate effect of mulligan mobilisation in cervical spondylosis
- 9 Sara Deshpande Effect of yogasana(Balasana,Bhujangasana,Dhanurasana and Matsyasana) and Pranayam(Anulom,Vilom,Brahmari)on pain in women with dysmenorrhea-An experimental study.
- 10 Prachi Kantela Assessment of pain,quality of life,kinesiophobia and functional impairment in patients with hemophilia-An observational study
- 11 Anish Angal To assess health related quality of life(HRQOL) among final year physiotherapy students durin Covid 19 pandemic
- 12 Baani Chatha Knowledge, Attitude and Barrier of Indian Physical therapist regarding patient reported outcome measures in musculoskeletal conditions
- 13 Harshita Gupta Comparison of disability in exercising and non-exercising adults with low back pain
- 14 Shreya Boralkar Prevalence of neurological conditions in Covid 19
- 15 Ankita Dude Prevalence of musculoskeletal pain in wireless police officers in Pimpri Chinchwad
- 16 Prajakta Meshram Prevalence of work related musculoskeletal disorders amongst IT professionals in work from home set up
- 17 Astha Goyal Awareness of breathing exercises among post covid patients residing in rural areas.
- 18 Jenisha Shah Survey on awareness and knowledge of breastfeeding technique in primiparous women
- 19 Dhruvil Shah Prevalence of musculoskeletal injuries and quality of life in secondary and higher secondary teachers taking online lectures

- 20 Pratik Sargar Assessment of Physical activity in elderly population of 50-69 years PCMC area using IPAQ-LF
- 21 Bhagyashree Patil Prevalence of sedentary lifestyle and its effect on quality of life in school going children due to COVID-19 pandemic
- 22 Vaidehi Pathak Awareness about cervical cancer and it's preventive measures among the women in Pune & PCMC areas
- 23 Saurabh Patel Assessment of hand grip strength in car mechanics
- 24 Manav Shah To find out the prevalence of work related musculoskeletal disorders and ergonomic risk assessment in grocery store workers
- 25 Padmaja Karande Prevalence of musculoskeletal disorders in Indian recreational cyclists
- 26 Anushka Naik Immediate effect of faradism under pressure and transcutaneous electrical nerve stimulation for lower limb pitting edema in geriatric patients
- 27 Sakshi Borse Awareness of anxiety and depression as an outcome of post-menopausal syndrome and it's impact on quality of life in rural female
- 28 Shruti Khandelwal Prevalence of work related musculoskeletal disorders in confectioners (chikki makers)
- 29 Prevalence of work-related musculoskeletal disorders and its impact on health-related quality of life in corrugated box factory workers
- 30 Gaurang Rana Cardiovascular responses with Valsalva maneuver during activities of daily living in healthy adults
- 31 Tanaya Mhatre Impact of COVID 19 Pandemic on physical, mental and social aspect of health over caregivers of home quarantined COVID 19 infected individuals
- 32 Bhoomi Vig The impact of stress urinary incontinence on daily activities and quality of life of urban females
- 33 Khyati Deshmukh Prevalence of low back pain and disability in young housewives and working women
- 34 Pooja Jibhakte Prevalence of work related musculoskeletal disorder in flower vendors
- 35 Dhruvi Gada Prevalence of cognitive impairment in elderly in PCMC area
- 36 Akanksha Mahajan Prevalence of dysfunctional breathing associated core dysfunction in healthy individuals of age group 20-40 years
- 37 Dhvani Parikh Prevalence of cognitive impairment in the middle aged adults with associated comorbidities
- 38 Namita Nambiar The effect of increased screen time for online learning during COVID-19 pandemic on cervical posture in school children
- 39 Jenifer Nadar Prevalence of upper extremity disability in violin players

2017 Batch

- 1 Anushka Naik Immediate effects of faradism under pressure and transcutaneous electrical nerve stimulation for lower limb pitting edema in geriatric patients
- 2 Sakshi Borse Awareness of anxiety and depression as an outcome of post-menopausal syndrome and its impact on quality of life in rural females
- 3 Siddhika Devrukhkar Assessment of self awareness and self confidence in first year BPTth- A questionnaire based study
- 4 Rujusha Kolhe Effect of lower limb strength training and balance traing on physical performance among elderly fallers from rural population